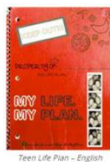


Healthy Women Healthy Baby Required Questions (Females Age 13 – 44, Every Visit)

To help us plan your healthcare we ask that you answer the following questions before seeing your provider today.

1. Have you had a hysterectomy or tubal ligation? Yes No
(If yes, you do not have to answer any more questions)
2. Would you like to become pregnant in the next year? Yes No
3. What birth control do you currently use?
 No sex/abstinence No birth control used Condoms DEPO Female Condoms
 Fertility Awareness/Natural Method Implanon/Nexplanon IUD Patch Pill
 Spermicides Vasectomy (partner) Vaginal Rings Other: _____
4. Have you received a life plan booklet within the last year? Yes No



5. Are you currently taking multivitamins or prenatal vitamins? Yes No
6. If you have a baby that is 6 months old or younger do they Breastfeed? Yes No
7. If you have a baby that is 6 months old or younger do they sleep on their back? Yes No
8. If you have a baby that is 6 months old or younger do they sleep in their own crib? Yes No

Information about Sexually Transmitted Infections (STIs)

What is a Sexually Transmitted Infections (also known as STIs)?

STIs are infections that are caused by sexual contact and transmitted between sexual partners. STIs occur in men and women.

What are STIs?

Common STIs include: Chlamydia, Gonorrhea, Trichomonas, Herpes, HIV, and Syphilis.

What are the risks if I do not get tested or treated?

Getting tested is especially important because some STIs do not have symptoms. Your sexual partner(s) should be tested as well. If left untreated, some STIs can spread to other parts of your body, cause infertility, pregnancy complications, genital warts, and even some cancers.

How can STIs be prevented?

The risk of getting a STI can be reduced by using condoms for all sexual activity including vaginal, oral, or anal sex.

There is a vaccine available that protects against HPV. Getting the vaccine can decrease your risk of getting genital warts and some cancers but not eliminate the risk completely. STIs can be reduced by using condoms and HPV vaccine reduces the risk of genital warts and some cancers. The HPV vaccine is recommended for males and females between the ages of 11 and 26.

If you are interested in being tested for STIs please ask your provider.